

DECISION-MAKER:	HEALTH OVERVIEW AND SCRUTINY PANEL		
SUBJECT:	MENTAL HEALTH MATTERS		
DATE OF DECISION:	24 MARCH 2016		
REPORT OF:	DIRECTOR OF QUALITY AND INTEGRATION		
<u>CONTACT DETAILS</u>			
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STATEMENT OF CONFIDENTIALITY

None.

BRIEF SUMMARY

The purpose of this paper is to update the Health Overview and Scrutiny Panel (HOSP) on the progress of the Mental Health Matters consultation.

RECOMMENDATIONS:

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| | (i) | The Panel is asked to note the content of this report and priorities for local delivery of Mental Health Matters and contribute to the consultation accordingly. |
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REASONS FOR REPORT RECOMMENDATIONS

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| 1. | To ensure that the HOSP has oversight of the way in which the proposals were developed and the way in which decisions are made. |
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ALTERNATIVE OPTIONS CONSIDERED AND REJECTED

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| 2. | None. |
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DETAIL (Including consultation carried out)

Purpose and Scope of the Review

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| 3. | Our priority across Southampton City Council and Southampton City Clinical Commissioning Group (CCG), is to ensure that those people in Southampton who require mental health support get access to the services they need, when they need it, with the outcomes they deserve. |
| 4. | An initiative led by the Health and Wellbeing Board, a Mental Health Matters event, took place in late 2014 which sought to hear people's views in relation to the City's mental health services, in response to a number of concerns being raised about the quality and outcomes we were achieving for people with mental health problems. Mental health has also been identified as a potential focus area in the Right Care work and benchmarking data shows that improvements need to be made. |
| 5. | The main feedback from this event was that people wanted an opportunity to be part of the review of mental health provision, and have a 'blank page' |

	approach.												
6.	<p>The Mental Health Matters review forms the backdrop to a number of themes within mental health and concurrent work streams and aims to draw all those strands together to provide a coherent picture and pathways these include:</p> <ul style="list-style-type: none"> • Future in Mind and the Child and Adolescent Mental Health Service (CAMHS) Transformation Plan • <u>National targets:</u> <ul style="list-style-type: none"> ○ Access to IAPT (Increasing Access to Psychological Therapies) – Steps2Wellbeing service ○ Dementia Diagnosis Targets ○ Access and waiting time standard for psychosis ○ Waiting time standard for eating disorder services (young person) • Parity of Esteem • Current mental health changes within main NHS providers • Crisis Care Concordat • Better Care Fund • Links to City wide Early Intervention and Prevention Services 												
	Progress to Date												
7.	<p>Following the mental health round table event there was an engagement period that ran from 6 August 2015 to 16 October 2015. Service user and carer feedback represented 58% of the responses received. Feedback was overwhelmingly positive for a new model of care for Southampton, and included many valuable suggestions and things to consider. A summary of the numbers reached by the engagement is below:</p> <table border="0" style="width: 100%;"> <thead> <tr> <th style="text-align: left;">Type of feedback</th> <th style="text-align: right;">Number</th> </tr> </thead> <tbody> <tr> <td>Full survey completed</td> <td style="text-align: right;">92</td> </tr> <tr> <td>Adapted young person's survey</td> <td style="text-align: right;">70</td> </tr> <tr> <td>Group feedback from forums/settings attended</td> <td style="text-align: right;">39</td> </tr> <tr> <td>Email feedback</td> <td style="text-align: right;">16</td> </tr> <tr> <td>Total</td> <td style="text-align: right;">217</td> </tr> </tbody> </table> <p>The Mental Health Matters web page was visited 2,263 times and the engagement document downloads 530 times. Social media posts were seen 6,315 times excluding re-tweets or shares.</p>	Type of feedback	Number	Full survey completed	92	Adapted young person's survey	70	Group feedback from forums/settings attended	39	Email feedback	16	Total	217
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Total	217												
8.	The feedback from the engagement period has helped to shape and develop the proposals detailed in the Mental Health Matters public consultation attached as Appendix 1.												
	Current Phase – Public Consultation												
9.	The consultation was launched on 5 February 2016 and will run until 2 May 2016, with proposals coming into effect throughout 2016 and onwards into 2017 through phased implementation.												

10.	<p>Consultation overview to date:</p> <ul style="list-style-type: none"> • Using all networks and means of communication to let people know about the consultation • Good support from stakeholders to help raise awareness of the consultation, some are either running small focus groups and/or are supporting individuals to complete feedback forms • Attendance at existing forums, and various waiting rooms has, and will continue to take place • Approximately 100 responses received so far • On-going analysis of respondents undertaken to identify under-representation of any specific area(s) of the population, to highlight where additional focus/resource are needed during the remainder of the consultation period • Adapted survey being developed to engage young people in the City • Proactive media engagement; series of articles being developed to bring the consultation to life, and to highlight how the City already responds to supporting people with mental health needs.
11.	<p>Feedback on the consultation document can be done via the form at the end of the consultation document, via email, phone or on-line following the link: www.southamptoncityccg.nhs.uk</p>
Links to the Mazars report	
12.	<p>The recommendations from the Mazars report, whilst not directly linked to the Mental Health Matters review, will be taken into consideration with all proposed changes. Through the local Southampton Clinical Quality and Review Meetings (CQRM) and the Hampshire wide CQRM we will continue to work with Southern Health Foundation Trust (SHFT) to implement the recommendations within the Mazars report.</p>
13.	<p>Analysis of the Mazars report led to recommendations for Southampton City CCG to focus on the following key areas:</p> <ul style="list-style-type: none"> • Response to Mazars report publication – link to quality indicators • Staffing – appropriate numbers and skill mix / ongoing issues with recruitment • Impact on quality outcomes from the organisational change in adult mental health • Delivery and evidence of embedding actions arising from the Care Quality Commission (CQC) inspection • Improving RCAs (root cause analysis) - identification of root causes, sharing lessons learnt and backlog of reviews • Appropriate identification of key risks • Caseload management / appropriate caseload numbers - link to wellbeing of patients and staff.

14.	<p>The Mental Health Matters review alongside changes already underway in SHFT will look to improve the following:</p> <ul style="list-style-type: none"> • Quality of outcomes for patients by identifying key areas for service development such as improvements in crisis care and services for people with personality disorder. Increasing the routine use of outcome measures and patient feedback in designing and reviewing services. • Staffing – by changing the culture and ethos of services the Mental Health Matters review aims to help the recruitment and retention of staff. This is work that has already begun within SHFT. Mental Health Matters has been engaging with patients, communities and staff members to make the changes within Southampton. Listening and consulting with a wide number of people to ensure that any proposed changes really do reflect what is needed in Southampton. • Caseload management – by developing new services such as personality disorder services, improving psychosis services, developing services for earlier identification and prevention as well as enhancing services for primary care the review will aim to reduce overall caseloads within secondary mental health teams. • Through continued contract monitoring and continued relationships with SHFT management team we continue to identify key risks and have set up a number of multi-agency groups to strengthen the links with other providers and parts of the system to ensure a continuity of care and a sharing of information. Mental Health Matters is looking to further strengthen those links and relationships between organisations so that patient care is provided in a holistic and effective manner.
15.	We believe the proposed model will provide better care for people with mental health needs, but in some ways is not radically different from the system that currently exists.
16.	The differences that individuals can expect to see in how services are delivered in the future are contained in the consultation document pages 7-11 in Appendix 1.
RESOURCE IMPLICATIONS	
<u>Capital/Revenue</u>	
17.	The capital/revenue implications have not yet been identified
<u>Property/Other</u>	
18.	There are no property implications.
LEGAL IMPLICATIONS	
<u>Statutory power to undertake proposals in the report:</u>	
19.	There are no legal implications.
<u>Other Legal Implications:</u>	
20.	There are no other legal implications.

POLICY FRAMEWORK IMPLICATIONS	
21.	There are no policy framework implications.

KEY DECISION?	No
WARDS/COMMUNITIES AFFECTED:	All wards

SUPPORTING DOCUMENTATION

Appendices

1.	Mental Health Matters Public Consultation
2.	Mental Health Matters Public Consultation – Summary Document

Documents In Members’ Rooms

1.	Equality Impact Assessment
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Equality Impact Assessment

Do the implications/subject of the report require an Equality and Safety Impact Assessments (ESIA) to be carried out.	Yes
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Privacy Impact Assessment

Do the implications/subject of the report require a Privacy Impact Assessment (PIA) to be carried out.	No
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Other Background Documents

Equality Impact Assessment and Other Background documents available for inspection at:

Title of Background Paper(s)	Relevant Paragraph of the Access to Information Procedure Rules / Schedule 12A allowing document to be Exempt/Confidential (if applicable)
1. Equality Impact Analysis – Mental Health Matters Review	